

The Fire Signs and the soul-lesson of Love



As you work on your soul-lesson of Love, your inner strengths can be unselfishly employed by guiding, leading and helping others, or towards a noble cause. You may be intolerant with others who perhaps take longer to understand or work more slowly than yourself. By placing the needs and interests of others before your own, is where you can contribute best to your own inner growth. Until this happens, many Aries people are likely to experience challenges around issues relating to love. When you are using your energies productively, your courage and tenacity and your initiating and pioneering spirit, allow you to accomplish much in the world. With so much inner warmth and enthusiasm, you have much to give others. You usually want things to be completed immediately, and can become impatient if they do not work out as you wish. The essence *Impatiens* (B) essence helps you find restraint, patience and empathy, and encourages you to express yourself with diplomacy, understanding and tact. At such times as you may need to enhance your appreciation of others and their views, *Vine* (B) essence can assist. Its supportive energy helps tame those ambitious Arians who can pursue their own goals without thinking of others, and brings the recognition that others too must be allowed to have their say or reach their full potential. Supporting your pioneering qualities, *Yellow Dryas* (ASK) essence helps connect you to the bigger picture, so you can see your purpose within the larger scheme of things. It provides support so you can understand and connect your purpose to the grand plan.



You possess a huge amount of willpower and persuasive strength, which can be used constructively, and positively to assist and encourage others. By directing your confidence and enthusiasm with the noblest of intentions, and not allowing ego or vanity to get in the way, this is where you can manifest your greatest inner power. Your warm Leo personality has much to offer others through support, comfort and inspiration, and by providing them with hope and faith.

A perfect blend of power and gentleness is created with the essence *Sitka Spruce Pollen* (ASK). Eliminating power struggles, or (for some Leos) the fear of using your power, this essence helps to bring inner authority into full and balanced expression. Empowering you to use your power appropriately with good judgment and wisdom, it also enhances the motivation to act with love and respect for all beings.

The Leo heart is very vulnerable and hurt and pain can collect here, impacting your ability not only to give but also to receive love. *Bluebell* (AB) essence also works at the heart level, healing feelings of emptiness, re-establishing trust in others and promoting giving and sharing with them. If you feel you are not loved or valued by others, your internal spark is dimmed. Learning not to rely on others unduly and to establish a good sense of self-appreciation and love is essential for a Leo. *Lily of the Valley* (PAC) essence reconnects you with your inner radiance and vitality. Its gentle energy opens the heart to a state of simplicity and innocence, so that you do not look outside of yourself for love or approval. It establishes a position of freedom, where you are encouraged to be yourself without placing any expectations on others.



Sagittarians are learning about consistency, which often involves relationships, especially with those they love. The freedom-loving Sagittarian can be reluctant to accept responsibility. Consistent with your restlessness and love of movement, you enjoy being here, there and everywhere, sometimes firing your (metaphorical) arrows indiscriminately in a quest to find your direction and place in life. Your true inner power, though, comes from being able calmly to direct this random energy, to still the body and mind and to seek and develop true wisdom and intuition. Your soul-lesson of Love implies love of a greater wisdom or knowledge, in addition to love for others or self love. The wise Sagittarian searches for truth so that they can stand as a sage: one with understanding and knowledge to whom others come for advice and inspiration.

Deepening your connections with others, *Pearly Everlasting* (PAC) is the essence to inspire devotion and fidelity. Producer Sabina Pettit writes, ‘this remedy can be especially helpful to those who feel unwilling and/or unable to make a deep and lasting commitment in relationship’. You often make a good teacher, but you can also benefit by accessing your own inner teacher. Helping you contact your own source of wisdom, *Scots Pine* (F) essence helps you find truths and answers. It enables you to trust in your inner direction, insights and perceptions. To help you to get in touch with the work you born to do, *Sapphire* (ASK) gem essence brings you clarity for direction in your life’s purpose. In addition to increasing your awareness, *Sapphire* essence also helps you to align spiritual responsibilities with your actual physical capabilities.

AB= Australian Bush, AL= Australian Living, ASK=Alaskan, B=Bach, F=Findhorn, PAC=Pacific, SN=Spirit in Nature (formerly Masters)