

YOU ARE A FREQUENCY:

*How Personal Vibration Influences Health,
Well-being and Development*

by Debbie
Anne Sellwood

MEET THE AUTHOR



DEBBIE SELLWOOD has worked with Energy for over 20 years and is an advanced practitioner with the British Flower and Vibrational Essences Association (www.bfvea.com).

Debbie is also a professional Astrologer with the Association of Professional Astrologers International (www.professionalastrologers.co.uk) and the author of *Centaury for Virgo, Rock Rose for Pisces*, a guide to selecting flower essences by astrological sign.

On the web
debbiesellwood.com

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