

THE RAYS OF LIGHT

The seven rays of universal energy and light have a huge influence on us and our planet.
Debbie Sellwood explains and tells of the five more rays that are coming

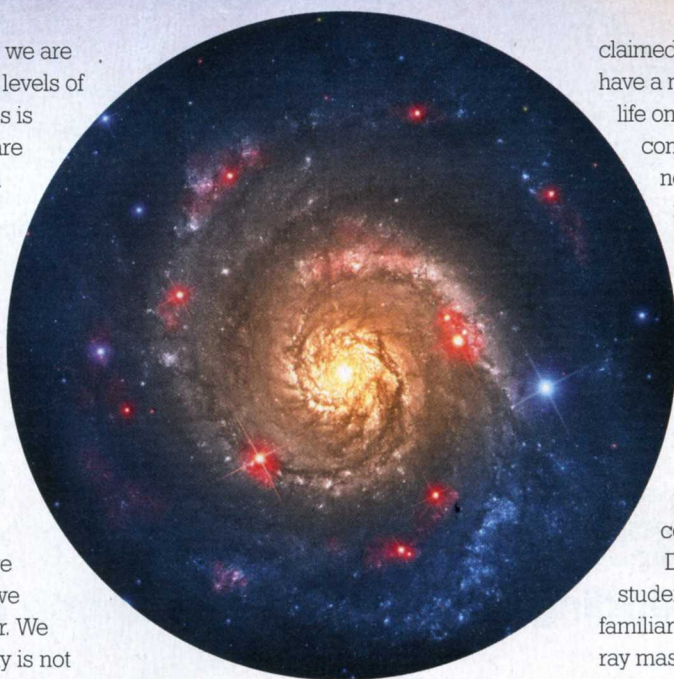
The speed at which we are embracing higher levels of spiritual awareness is accelerating. We are moving away from the ego and the consciousness of the individual, to the consciousness of the relationship between ourselves and the collective; the concept that we are all interconnected. This represents the typical Aquarian Age principle of which most readers will be familiar.

Taking this a step further, as we focus away from our everyday lives and worldly concerns, we are beginning to adopt the view that we are part of something much larger. We are becoming aware that humanity is not only connected to solar forces but also to planetary, cosmic and galactic forces.

We are also realising that Earth is not just a planet operating in isolation but a conscious living being participating as an energy centre in a much greater body, Space, which is also a conscious entity.

The Energetic Universe

Everything is energy; the entire universe is comprised of living energy through which stream emissions of high frequency radiation. In recent years, a huge increase in the intensity of cosmic energy is thought to be intensifying evolutionary changes and driving humanity to perceive its greater spiritual purpose. According to Susan Rennison in *Turning the Diamonds*, changes in the human electromagnetic field caused by these heightened energies



is linked to our spiritual evolution.

We are increasing our knowledge of ourselves, including our abilities which exist beyond the physical world and the concept that we possess a soul, often referred to as 'the essence of our being'.

Together, with changes at the subtle level of our being, humans are undergoing a transformation; we are in the process of recreating ourselves as universal beings with a universal consciousness.

Within this context, the significance of the Seven Rays is coming to the fore. According to ancient tradition, there are seven bands of light energy, known as The Seven Rays, which enter our solar system from cosmic sources and pervade and energise our planet and all forms of life within it. It is

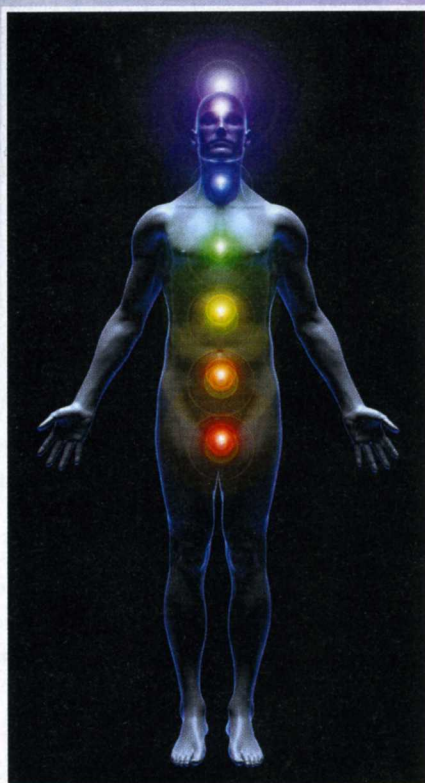
claimed they govern all of creation and have a major influence on and sustain all life on Earth. The Seven Rays as an occult concept of a type of energy or force is not new, having appeared in several religions, esoteric philosophies and in theosophical teachings through writers such as Helen Blavatsky and Alice Bailey. Ancient wisdom teaches that each ray is an aspect of the Creator's consciousness. As we become more aware of the activity in the Universe, there is new interest in these rays and their impact upon us. They awaken our consciousness as spiritual beings.

Dr Joshua Stone writes, 'Any serious student of the occult should certainly familiarise themselves with the rays and the ray masters, as they form an intrinsic part of our development, growth, evolutionary process, process of initiation and ascension, and ultimately our Planetary and Cosmic destiny'.

Ray Characteristics

There are various aspects to each ray such as a different vibration, quality, colour representation and correlation to the musical notes. The rays connect to us through our chakra system, although the colours do not exactly marry with those of the chakra system. They influence our emotions, personality behaviour, and the experiences and situations we have in life.

We experience each ray according to our level of spiritual growth; this accounts for individuals displaying different aspects of the ray characteristics in their expression, from the highest to the lowest degree.



Not only is it to our benefit to gain a greater understanding of ourselves (and others) through the psychology represented by the rays, but they also provide us with a deeper understanding of our soul's purpose on Earth and insight into the work we have come to do.

Understanding and drawing upon the rays helps balance our energy bodies and assists in our spiritual evolution. Knowledge of the rays can help not just in the Ascension process at a planetary level, but as a stepping stone to higher levels of Ascension. Understanding and integrating the rays in order to evolve to higher levels of consciousness is a continual process whether we are in physical incarnation or not. Humanity's ultimate goal in becoming beings of light is to become infused with and to emanate all of the rays.

We comprise many expressions of the Seven Rays in our total make-up and are influenced at several levels of our being by these different rays, although I am mostly referring to the effect of the rays upon the personality in this article. Throughout our on-going existence, a battle ensues between the ray of our personality, which controls how we experience life and the ray on which our soul is evolving. After many life times and a certain degree of spiritual evolution, the soul ray finally dominates the personality ray and moderates its activity in accordance with a more fitting expression originating from our soul. Eventually, as

"Humanity's ultimate goal in becoming beings of light is to become infused with and to emanate all of the rays"

evolution continues, the ray upon which our monad is expressing takes precedence over both the personality and soul rays.

According to Sian Glasson, 'In the past we have been told to anchor and invoke the rays of light into our beings, but now as we evolve, a new appreciation of the rays and their purpose is coming forth: the rays are actually schools of spiritual learning helping us to understand the Creator, ourselves, our souls and abilities beyond our physical bodies'.

It is important to understand the Seven Rays as we are now in a position in our evolution to embrace an additional five rays; these rays have become available to us in order to navigate the fourth/fifth dimension. This is also true of the additional chakras that have emerged in recent years.

Sian alludes to all the rays, '...the twelve rays are tools of spiritual growth for every soul, whether they exist in a physical or light body'.

Before we absorb the significance of these additional rays, we need to understand and absorb the energies of the Seven Rays.

What are the Rays?

Following is a very brief and general explanation of the Seven Rays and their qualities which you may relate to. When one is drawn to a certain ray, this usually means that the energy and characteristics of this ray are required by an individual to develop that ray's qualities.

If we wish to experience the rays then we can anchor them into our being prior to meditation and/or we can attune to their energies by invoking them. We can do this (after settling ourselves into a quiet meditative state) by visualising the colour of a particular ray and asking for the energy of a ray to flow through our crown chakra and into our bodies. We need to be specific in asking that the energy invoked is of the highest vibration and of an appropriate strength for us. Further instruction on this invocation process is detailed in *The*

Twelve Rays of Light by Natalie Sian Glasson who also gives information on the Lord or Chohan and associated Ascended Masters of each ray.

First ray: The Ray of Will or Power

This ray carries the essence of power and energy. It is characterised by initiative, action, force and courage and provides our physical motivation and sense of purpose. Perhaps not surprisingly, the passion of these qualities is represented in this ray by the colour red. People who have this ray influencing them strongly have leadership abilities, and are often employed in positions of power and responsibility.

However, any of us can invoke this energy when we need confidence, energy, enthusiasm or persistence to overcome our challenges and achieve our goals on Earth. It is also helpful when we need incentive to step into our personal power or in cutting through any confusion we may encounter on our spiritual path. At the highest level, this Ray integrates the will and power of the Creator.

Second Ray: The Ray of Love/Wisdom

The concept of this ray is concerned with embodying love in all our actions and thoughts. It is the ray of consciousness and using wisdom to find the truth and expand our awareness. People on this blue coloured ray possess a calm strength and patience; they are usually the peace makers, those in education and people in the healing professions.

Through this ray, we learn about how to use love to support wisdom, as without love, wisdom alone can express negatively. When we feel deficient in love or want to increase our compassion, understanding and ability to love or have faith in love as a healing force, then we can attune to the Second Ray.

In order to increase our development when working at a higher level, we may call upon this ray of light to realise and integrate guidance from our souls.

Third Ray: The Ray of Active

Intelligence This is the ray of the thinker, and would be prominent in the make-up of someone who has a clear intellect and capacity for concentration. It is also the ray of a person who can convey their words powerfully or the communicator whose wise words carry truth to help others. It is linked with the concept that energy follows thought and the creation of matter. The emphasis of this ray is on using the power of our minds as a tool to manifestation. When using the energy of this ray we will be embracing discipline, focus and positivity in our thinking.

It is useful to invoke this yellow ray when we wish to bring clarity to our minds and when we desire support in manifesting our positive thoughts into our realities.

As this ray is connected with the mental body, people strongly expressing this ray tend to be the creators of ideas.

Fourth Ray: The Ray of Harmony

through Conflict The existence of beauty in all things is the principle of this ray. It is dominant in musicians, writers, artists or someone aware of aesthetics or interested in culture. It is also strong in someone who is involved in cooperation or mediates between others.

As this ray is also connected with the emotional body, life can be a roller coaster for individuals with it prominent in their makeup. It is often characterised by struggle as the urge is to balance opposing tendencies in order to create harmony and peace in life. It is useful to invoke this emerald green ray when we want to access, develop and express our creative abilities, or we may wish to clear negative thoughts and emotions in order to see the beauty in ourselves or other things in life.

Fifth Ray: The Ray of Concrete

Knowledge This ray, linked to the colour orange, is said to be the expression of the ideas and mind of the Creator. It is associated with the mental body and is a major influence in someone who possesses analytical qualities, pays attention to detail, solves problems, discovers truths or has a love of scientific enquiry or research. It is strongly influencing those in psychology or medical professions.

This ray assists with technical projects, breakthroughs in scientific developments or discoveries. It is helpful to embody the energy of this ray when studying for a test or when we wish to raise our inspiration for a spiritual or scientific project, or for those

"The Seven Rays influence us not only in a personal way but in many other elements of our earthly existence"

who wish to increase their inventiveness when developing tools or technologies to accelerate the development of humanity.

At a higher level, it focuses on how the scientific and spiritual merge as in the divine order of the laws that make up the Universe.

Sixth Ray: The Ray of Devotion and

Idealism An intense, single-minded focus and devotion to one's ideals, beliefs or interests is associated with this ray. Idealism is a major characteristic and it tends to manifest strongly in one who is full of religious impulse or has a burning enthusiasm for a cause. If this indigo coloured ray is not balanced by other rays, it can express as fanaticism or prejudice.

Its inspirational energy prompts individuals to go beyond just an Earth-bound perspective and to seek a deeper meaning.

It is useful to call upon this ray when we want to develop devotion in an aspect of our life. If we have lost faith in ourselves through disappointments, its energy provides us with encouragement and motivation to continue on our spiritual paths and accept the wisdom of our souls. At its highest manifestation, it is expressed as devotion, oneness and an acceptance of the Creator's love, wisdom and energy within our reality.

Seventh Ray: The Ray of Ceremonial

Order Known for its awakening and transforming qualities, this violet coloured ray is influential in raising consciousness and anchoring a new age of awareness into our minds. It is concerned with the changing of structures that are no longer of service for the process of evolution.

It is strong in someone who likes order, and is prominent in lovers of precision, procedure and ceremony. People strongly influenced by this ray are involved in setting up systems and structures for an organisation in either a personal or

professional manner.

The prime function of this ray is the grounding of spirituality into the physical material world; the blending of spirit and matter to make visible a result. It is about organising power and the cultivation of spiritual order through the observance of rules, the power of ceremony, protocol and ritual.

Balancing the Rays

As is true in many other circumstances in life, the influence of the rays can manifest in either a positive or negative degree according to the level of one's consciousness. There will be a certain ray that is more prominent in one's make-up, but the balance of all rays is important to one's overall expression; imbalance in the qualities of a ray are likely to display in a less beneficial manner. For example, if the First Ray is strongly dominating a person, they will possess a powerful energy that can be used for the benefit of others. However, if it is not balanced by the love and wisdom of the Second Ray, then that person has the potential to be a dictator who is self-centred, arrogant, and focused on controlling others.

The Bigger Picture

The Seven Rays influence us not only in a personal way but in many other elements of our earthly existence; in worldly affairs and in Universal cycles, such as the precession of the equinoxes, known as the Great Year. Their constant movement and circulation means that they continually pass in and out of manifestation, influencing the evolution of humanity.

As we move into the Aquarian age for the next 2160 years, the Sixth Ray of Devotion (the negative expression of which has manifested in bigotry, persecution and religious wars in the last 2000 years) is withdrawing and the Seventh Ray of Ceremonial Order is gaining strength. 