

The Earth Signs and the soul-lesson of Service



When working on your soul-lesson, your patience and practicality are excellent qualities, which can be employed in some way to provide service to others. Your endurance and persistence are among your greatest strengths and your down-to-earth, responsible and stable nature makes you reliable and trustworthy. As a sign of the fixed quality, though, you can become very stubborn in your attitudes, inflexible and set in your approach to life with a tendency to hang on to possessions, people or situations. The easily-demoralized Taurean may benefit from a boost to his or her self-worth and self-respect, as the more you hold yourself in high regard, the easier it will be to have faith in your talents and the confidence to achieve more than you ever imagined.

With a soul-lesson of service and a deep need for harmony in your life, you can benefit from the assistance of *One-Sided Wintergreen* (ASK) essence. This essence not only strengthens your energy field, making you less affected by the inharmonious energies of others, it also makes you more sensitive about how your own energy affects others. *Chicory* (B) essence releases any controlling, demanding and overprotective attitudes, replacing them with an ability to love unconditionally and without expectation. Instilling inner security, it may enable you to feel secure enough to provide selfless devotion to the service of others, without asking for anything in return. *Larch* (B) essence encourages confidence and clears any patterns of self-doubt or the expectation that you will fail in your future endeavours. This essence assures and empowers, so that you are no longer held back by self-limitations and restrictions. This in turn allows your true potential to blossom, and enables you to persevere when you encounter setbacks.



Your overwhelming need to serve in various capacities, together with your tendency to make yourself indispensable, means you can be taken advantage of if you do not use discrimination. Too willing to give to others, you need to learn to give service firstly to yourself. By developing a firm self-image and focusing on your many abilities, this reminds you not to forget your own mission in life. Learning to ignore your perceived shortcomings helps if you can also make others aware of your full potential, your efforts and your contributions also. When your natural ability to serve others becomes unbalanced, you can become easily abused or misused, sometimes to the point of being exploited. *Centaury* (B) essence gives you the power to be your own person and to follow your

own inner mission, while still giving service to others in a balanced manner. It encourages your powers of discrimination, allowing you to say 'no' to others when necessary.

You like to be of help and to know that your energy and efforts are employed in some constructive and purposeful endeavour. If you feel you need to know where you are going, **Wild Oat** (B) essence puts you back in touch with your purpose. It helps you to combine opportunities with your talents and to align them with your true mission in life. With a strong work ethic, you often presume that life has to be hard and that in order to achieve anything, it has to come with great effort. The message of **Moschatel** (ASK) essence is one of celebration and joy in life. Its affirming energy helps you to fulfil your needs by having a balanced life—one that includes fun, enjoyment and self-nurturing.



Your great strength of purpose, together with your determination and discipline, positions you well for service in the world, which is your soul-lesson. Your sense of authority, together with your acceptance of responsibility and duty, is superbly employed in serving others or in some service to your community. Before you can influence others or respond to the call of authority, you need to learn to listen to your own inner voice and establish your inner authority and self-respect. Always trying to live up to the high standards you set for yourself, the typical Capricorn is not usually content with him-or herself or his-her efforts. Continual excessive striving and over conscientiousness can produce tiredness and depression.

In addition to enhancing your sense of joy in life, **Pine** (B) essence instils a healthy self-recognition and self-satisfaction, together with pragmatic expectations and goals. If there are times when the dedicated and dependable Capricorn becomes overwhelmed and exhausted by overwork or responsibility, then **Elm** (B) essence encourages and strengthens your purpose. Resolving feelings of inadequacy and doubt in your abilities, this essence provides awareness of your own capabilities and enables you to see things in proportion. Although you can have high expectations of others, you are mostly fair and just. If these traits get out of balance, though, you can be a hard taskmaster. Named 'The Confident One', **Pineapple** (SN) essence infuses your being with a strong sense of identity and personal power, yet a sense that is blended with good judgment. With the assistance of this essence, feelings of inferiority or dissatisfaction with oneself may make way for self-content, fulfilment and graciousness. It helps the shy Capricorn become more self-assured and the proud Capricorn acquire a modest wisdom.

AB= Australian Bush, AL= Australian Living, ASK=Alaskan, B=Bach, F=Findhorn, LH=Light Heart, PAC=Pacific, SN=Spirit in Nature