

## The Air Signs and the soul-lesson of Brotherhood



Your alert mind is ever ready to take on new concepts; but it is forever busy, never still! Together with your liking for conversation, this means you can be scattering and dissipating your energies with too much talking and nervous excitement! In training your mind, you can develop concentration, discrimination and benefit from listening to your inner voice of wisdom. By learning to bring the heart and mind together, you can become attuned to the minds and needs of others—

which helps you to spread wisdom, through teaching, exchanging ideas or communicating harmoniously with others. In so doing, you will be working on your soul-lesson of brotherhood.

As air signs are generally in tune with the intellect, they can be detached from feelings and emotions. According to Ian White, people needing *Yellow CowslipOrchid* (AB) 'are focused so much in their intellect that they are often blocked off from many of their feelings'. This essence opens the Gemini mind with humanitarian concern for others; it is also useful in freeing up critical and judgmental natures.

If you distrust your own judgment or often need confirmation from others when making decisions, then *Cerato* (B) essence can bring certainty and concentration to the Gemini mind. Helping you to get in touch with your own intuition and impressions, you will be able to believe in your own inner guidance, rather than striving to find assurance from others. A Gemini needs to communicate but when working on your soul-lesson of brotherhood you need to be able to impart your knowledge to others clearly, with compassion and wisdom. *Twin Flower* (ASK) essence helps you to listen effectively and to clarify your thoughts. The positive qualities of this essence can inspire you to communicate with others from a position of inner refinement and calmness.



It is in the arena of relationships that your need for harmony is often tested. Librans naturally gravitate towards others, and it is in relationships and interactions with others that you will meet most of your challenges, and where you will be working on your soul-lesson of brotherhood. Relationships are where you can use your natural negotiating skills, tact and diplomacy to bring unity and agreement between others. Strongly motivated by justice and harmony, and good in situations requiring tact, Librans make wonderful diplomats and negotiators. Suited to the role of the peacemaker, you can make an excellent counsellor; skilled at arbitration, you can bring balance and harmony between opposing factions. At times, relationship issues may overwhelm you, making it confusing and difficult for you to see things in perspective. *Purple Eremophila* (AL)

essence brings clarity of mind, enabling you to separate emotions from the issues at hand. The calm, objective qualities that this essence instils help you not become too emotionally involved. With a maxim of 'Peace at any Price', some Librans can find it difficult to express what is important to them, preferring to keep quiet rather than upset the status quo. *Start's Spider Orchid* (AL) essence provides directness and courage for the Libran who would rather compromise or avoid confronting upsetting issues of situations. When one side of the scale dominates in debate, the normally charming, peaceful and fair-minded Libran can show a confrontational and argumentative side. Helping you detach, pause and observe before reacting, the essence *Physostegia* (LH) encourages you to respond appropriately and peacefully when agitated or perturbed by what is going on around you. It helps you keep calm, centred and unaffected by interactions with others or situations that would normally have distracted or disturbed you.



Aquarians can best actuate their soul-lesson of brotherhood by learning how to understand the needs of others and by working towards cooperation and harmony in relationships. When you are mentally attuned to the minds of others, you can help unite hearts and minds. Your social consciousness is usually well-developed, but Aquarians can be emotionally distant and your self-sufficiency means that you usually hate emotional demands and are unlikely to reveal your closest feelings. Although you are friendly and sociable, your independent, free spirit and self-sufficient manner can make it easy for others to perceive you as indifferent and remote. *Water Violet* (B) essence thaws out any remoteness or inaccessibility, helping you to approach others with ease and to be involved with and warmly received by them. When listening to and understanding others, like other air signs, you operate primarily from a rational point of view, often tending to shy away from your emotions. *Tall Yellow Top* (AB) essence is a significant essence for this sense of alienation, as it reconnects the head with the heart. Helping individuals connect with each other, it also permits you to communicate from a position of balanced mind and heart energy. The typical Aquarian believes in equality for all and in working together to produce something that will benefit society. Energized by the energy of a group situation, you are happy to be involved with others who share your values or to get involved championing new causes or introducing reforms. For Aquarians working within groups, the essence *Harvest Lily* (PAC) fills you with a balanced and harmonious energy that radiates out and is felt by others. Its unifying qualities are useful in negotiation, resolution of tension and in creating harmony between opposing groups.

AB= Australian Bush, AL= Australian Living, ASK=Alaskan, B=Bach, F=Findhorn, LH=Light Heart, PAC=Pacific, SN=Spirit in Nature